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Performing Arts Experiences

Practicing next to a dinner theater for eighteen years has allowed me to develop skills in treating performing artists and their specific injuries, i.e., singers' jaws, necks and throats, dancers' backs and legs, etc.

Among many other experiences, I have been invited to speak and advise dancers of the Bolshoi Ballet in Moscow and the cast of the 1996-97 New York musical *Victor Victoria*. I toured Europe in 1991 with the David Parsons Dance Company, a modern dance ensemble that appears biannually at the Annenberg Center in Philadelphia. These outside-of-the-office performing arts highlights have been most rewarding. Not only have these activities gotten me involved with some of the most talented and appreciative people, but they have allowed me to give back to a community which has so generously given to me. All of the performing and fine arts in America struggle to survive because they compete with television, movies, sports and popular music.

In 1999, I helped a New York-composer in Irving, Texas, with the rehearsals of his world premiered musical, *A Christmas To Remember*, which he hoped to produce next year in New York City. It is about the embattled life of the late American short-story writer O. Henry.

In Health,

Mark Saracino, DC, DACAN
Diplomat American Chiropractic Academy of Neurology